

## ATHLETIC TRAINING (ATHL.BSAT)

<u>Required Courses</u>		<u>Hrs.</u>	<u>Prereq.</u>	<u>Rec.Yr.</u>
EXSC 155	Introduction to Athletic Training	1		Fr
EXSC 160	Athletic Training I	3	EXSC 155; Coreq EXSC 164	Fr
EXSC 163	Athletic Training Taping Laboratory	1	Pre/Coreq EXSC 155,160, EXSC 164	Fr
EXSC 164	Emergency Care of the Athlete	4	AT Major	Fr
EXSC 211	Athletic Training Practicum I	1	Adm to program;EXSC 155, 160,163;Corereq EXSC 213	Soph
EXSC 212	Athletic Training Practicum II	1	EXSC 211 Corereq EXSC 214	Soph
EXSC 213	Clinical Techniques in Athletic Training I	4	Corereq EXSC 211	Soph
EXSC 214	Clinical Techniques in Athletic Training II	4	Corereq EXSC 212	Soph
EXSC 220	Psychology of Injury	3	PSYC 101	Soph/Jr
	<u>OR</u>			
EXSC 261	Found of Sport and Exercise Psychology	3	PYSC 101	Soph/Jr
EXSC 240	Fundamentals of Human Nutrition	3		Soph
EXSC 276	Therap Modal and Rehab Tech in AT	3	EXSC 160, 211, 212, 213	Soph
EXSC 303	Org & Adm in Allied Health Professions	3	AT or EXSC majors	Jr/Sr
EXSC 305	Gen Medical Cond of Phys Active	2	BIOL 151, 152	Jr
EXSC 311	Athletic Training Practicum III	1	EXSC 212; Coreq EXSC 313	Jr
EXSC 312	Athletic Training Practicum IV	1	EXSC 311	Jr
EXSC 313	Clinical Techniques in Athletic Training III	4	EXSC 214; Coreq EXSC 311	Jr
EXSC 320	Exercise Physiology	3	BIOL 151, 152	Jr
EXSC 325	Kinesiology	3	BIOL 151, 152	Jr
EXSC 331	Exercise Testing & Prescription Lab	1	EXSC 320; Coreq EXSC 338	Jr/Sr
EXSC 338	Exercise Testing & Prescription	3	EXSC 320; Coreq EXSC 331	Jr/Sr
	<u>OR</u>			
EXSC 360	Foundations of Strength & Conditioning	3	EXSC 320, 325	Jr/Sr
EXSC 340	Adv Top in Nutrition: Sport Nutr and Pharm	3	EXSC 240	Jr/Sr
EXSC 372	Therap Modal and Rehab Tech in AT II	3	EXSC 160, 276	Jr
EXSC 396	Athletic Training Clinical Internship	1	EXSC 214 or Jr in AT	end of Jr yr Summer before Sr
^EXSC 403	Senior Seminar in Athletic Training I	1	Sr standing or P/I	Sr
^EXSC 404	Senior Seminar in Athletic Training II	1	EXSC 403 or P/I	Sr
EXSC 411	Athletic Training Practicum V	1	EXSC 312 or P/I	Sr
EXSC 412	Athletic Training Practicum VI	1	EXSC 411 or P/I	Sr
BIOL 151	Human Anatomy & Physiology I	4		Fr
BIOL 152	Human Anatomy & Physiology II	4	BIOL 151	Fr
PSYC 101	General Psychology	3		Fr/Soph
		70-71 total hours		

Courses strongly recommended:

CHEM 161 & CHEM 163L or CHEM 221 & 223L, PSYC 225

**Students must meet all of the following eligibility requirements for formal admission into the athletic training program: (in order of importance.)**

- A cumulative grade point average of 2.5 or higher
- 2.75 within major GPA must be attained and maintained by the end of the formal first year in the program (or sophomore year academically)
- Completion of the following prerequisites with no grade below C: BIOL 151,152; EXSC 155, 160, 163, 164
- Submission of a written application with two letters of recommendation
- Successful completion of an interview with the athletic training faculty and clinical instructors.
- Completion of 60 observation hours as part of EXSC 155 & 160.
- Attendance at a Universal Precautions in-service program, AHA-CPR/AED Certification in-services program (w/required certification) and proof of HBV vaccination (or initiation of the series).

To continue in the athletic training program after formal admission, the student must earn no grade below C in the required coursework and maintain a cumulative grade point average of 2.75 or higher for the remainder of the program, demonstrate continual progress in attainment of the required clinical competencies (each semester) and minimum of six semesters of clinical experience.

^Satisfies advanced writing requirement

NAME: \_\_\_\_\_

**B.S.A.T. Degree: Athletic Training Major (for students entering in Fall 2019/Spring 2020)**

In the "WHAT" column, enter the specific course number when applicable--e.g. HIST 121. In the "WHEN" column, enter the term and year in which the requirement is satisfied--e.g., sp '00.

General Education		Athletic Training Major	
WHAT	WHEN	WHAT	WHEN
_____	ENGL 101/INDS 106* w/ C (2.0) [3 hrs]	_____	EXSC 155 [1 hr]
_____	ENGL 102/INDS 102* w/ C(2.0)* [3 hrs]	_____	EXSC 160 [3 hrs]
_____	COMM 211/INDS 103 w/ C(2.0) [3 hrs]	_____	EXSC 163 [1 hr]
	Dept senior seminar/writing course	_____	EXSC 164 [4 hrs]
	Met by: _____ EXSC 403 [1 hr]	_____	EXSC 211 [1 hr]
	AND _____ EXSC 404 [1 hr]	_____	EXSC 212 [1 hr]
		_____	EXSC 213 [4 hrs]
		_____	EXSC 214 [4 hrs]
_____	BIOL/CHEM/ENVS/PHSC/PHYS w/ lab [3 hrs]/INDS 112 [4 hrs]	_____	EXSC 220/261 [3 hrs]
_____	BIOL/CHEM/ENVS/PHSC/PHYS w/ lab [3 hrs]/INDS 112 [4 hrs]	_____	EXSC 240 [3 hrs]
_____	MATH (except 112,141,203,205)/ BIOL 215/PSYC 230/INDS 114 [3-4 hrs]	_____	EXSC 276 [3 hrs]
_____	RELG/INDS 111 [3-4 hrs]	_____	EXSC 303 [3 hrs]
_____	PHIL [3 hrs]/INDS 110 [4 hrs]	_____	EXSC 305 [2 hrs]
_____	INDS 120 [3 hrs]/INDS 116 [4 hrs]	_____	EXSC 311 [1 hr]
_____	Any literature course/INDS 113[3 hrs]	_____	EXSC 312 [1 hr]
	Fine Arts	_____	EXSC 313 [4 hrs]
	_____ ART (except 265)/	_____	EXSC 320 [3 hrs]
	DANC/MUSC/THRE/ENGL 213/	_____	EXSC 325 [3 hrs]
	INDS 107 [3-4 hrs]	_____	EXSC 331 [1 hr]
	OR	_____	EXSC 338 [3 hrs]
	_____ MUSC/THRE [2 hrs]	_____	OR
	_____ same discipline [1 hr]	_____	EXSC 360 [3 hrs]
	OR	_____	EXSC 340 [3 hrs]
	_____ MUSC/THRE [1 hr]	_____	EXSC 372 [3 hrs]
	_____ same discipline [1 hr]	_____	EXSC 396 [1 hr]
	_____ same discipline [1 hr]	_____	EXSC 403 [1 hr]
_____	HIST 100 or 200 level except HIST 201/ or INDS 117 [3-4hrs]	_____	EXSC 404 [1 hr]
_____	CJUS/ECON/GEOG/GNST/POLS/PSYC/ SOCI [3hrs]/INDS 104 [4 hrs]	_____	EXSC 411 [1 hr]
_____	US Cultural Studies [3 hrs]/INDS 109 [4 hrs]	_____	EXSC 412 [1 hr]
_____	Non-Western Cultural Studies [3 hrs]/ INDS 108 [4 hrs]	_____	BIOL 151 [4 hrs]
_____	EXSC 110/120/121/130/201/240/ [3 hrs]/INDS 105 [4 hrs]	_____	BIOL 152 [4 hrs]
		_____	PSYC 101 [3 hrs]
		_____	70-71 semester hours
_____	120 semester hours required for graduation		

\*Enter NA (not applicable) if waived upon admission or if completing the honors program.

>The following limits apply when counting hours applicable toward the 120 required for graduation: 4 hours of physical activity (EXSC) and 8 hours of MUSC 149.

NOTE: Students must apply for admission into the program. Freshmen apply for admission to the program during the spring semester. Transfer applicants may apply during their first semester on campus. See facing page for formal admission requirements.

> Only six hours of any minor may overlap with the required credit hours of a student's chosen major. The overlap constraint is not applicable to courses that majors or minors MUST take in others departments.